

Price list Parcels to consumers abroad

Valid from January 1, 2026

Subject to change

PickUp Parcel Return

All prices are per parcel and stated in Norwegian kroner (NOK) excluding fuel and sulfur surcharges.

Freight-bearing weight	
Up to (kg)	From Denmark, Finland and Sweden
1	195
2	215
3	235
4	255
5	275
6	295
7	315
8	335
9	355
10	375
11	395
12	415
13	435
14	455
15	475
16	495
17	515
18	535
19	555
20	575
Additional per kg	20

Charging is based on freight-bearing weight (volume factor 200 kg/m³). Volume per parcel max 0.25 m³. Length + circumference per parcel max 300 cm. Maximum real weight per parcel is 35 kg. For returns to Norway, export and import declaration fees (including 3 customs lines) are included in the price per parcel.